

FOLK AND FOLKLORE: Descriptive report

Activity Report

General Information

Type of Activity	<i>Guest Lecture</i>
Title of the Activity	<i>Folk and Folklore</i>
Date/s	<i>27.11.2021</i>
Time	<i>09:00 AM - 11:00 AM</i>
Venue	<i>Teams</i>
Collaboration/Sponsor (if any)	<i>NA</i>

Speaker/Guest/Presenter Details

Name	<i>Ms. Sneha Kappanna</i>
Title/Position	<i>Counselling Psychologist and Dance Choreographer,</i>
Organization	<i>Freelancer</i>
Title of Presentation	<i>Folk and Folklore</i>

Participant's profile

Type of Participants	<i>Students and Faculty</i>
No. of Participants	<i>39 and 1 (Respectively)</i>

Synopsis of the Activity (Description)

Highlights of the Activity	<i>Indian folk and folklore</i>
Key Takeaways	<i>1 Many different types of folk exists in India 2 Cultural value of folk</i>
Summary of the Activity	<i>Overall, the session was very informative especially for the first year PG students. It helped us know more about the art of folk.</i>
Follow-up Plan, if any	

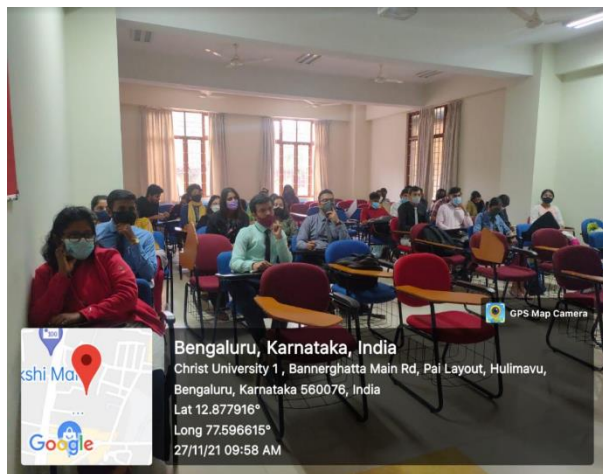
Rapporteur

Name of the Rapporteur	<i>Sonal Pereira and Padmashree Inamdar</i>
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A very interesting and interactive session with an industry professional who is a Counselling Psychologist and Dance Choreographer, Ms. Sneha Kappanna. The session was held on 27th November 2021 in Christ University Bannerghatta Campus. In this session we got a brief insight about the rich folklore of India, focusing specifically on South India and Karnataka and how The folk culture of the country has evolved and changed over the years while being influenced by our daily life as well as being a result of societal evaluation. We understood that there exist different kinds of art forms which are rooted largely through tradition and come from different regions. A habitual learning that has happened over a period of time. The session was very informative and gave the students more knowledge regarding different kinds of folk and

folklore in India. The students also learned more about the Indian history of folk and how it is different from the myths that surround it.

India is a varied pile of culture. The folk Spectrum differs between art forms which is rooted largely through tradition. Folk is considered as habitual learning that has happened over the period of time. Art and culture becomes a main part of our identity. It is important to understand our identity and understand where we stand in society. Almost all folk in India is related to god and rituals. Folk gives a sense of cultural identity. From the basis of civilization the origin of culture begins. But over the years Folk and folk art is a way to understand cultural evolution. Why did certain people start behaving, dressing, living and serotype in a certain way, thru folk art and folk culture we can understand the process. Folklore helps us understand how life developed in India. It started with the development of agriculture then moved on to literature and then finally reaching the the Metal age. This has added to the building of culture and this added to the folk and got subconsciously stored in our being. The all seeing eyes is a symbolic motive that is part of our folk which we put into collective consciousness.



Sneha Kappanna belongs to a genre of creative minds bridging the nuances of tradition, theatre and dance. Sneha is a celebrated dance choreographer, Bharathanaty teacher, actor, storyteller, researcher and folk dance exponent

She is a **pioneer**, over 25 years ago is one of the first woman to learn several folk dances reserved for men. She is now credited as a revivalist for researching, documenting, training and performing several dying folk dances of Karnataka. Daughter of renowned theatre personality SNA awardee Sri Sreenivas G Kappanna and Smt. Lalitha Sreenivas. Senior disciple of Shantala awardee and Bharatnatyam legend Guru B Bhanumati and Guru Sheela Chandrashekar. Sneha has She is the director of '**Bhramari Dance Repertoire**', Adding to her credibility is her expertise in **Karnataka's folk forms**. She has worked as Principal choreographer at the 'Janapada Jatre' the Government initiative to showcase of folk artists for over 75 shows. A talented **actress** with numerous plays with ace directors. Her two women play – "Andre?" has won critical acclaim completed 65 shows across India.

Sneha has attracted collaborators from across the globe for being a multifaceted, humble and meticulous artist, she is indeed – "... a storyteller in myriad forms!"